



Amrit Ayurveda • 23855 NE CR 314 • Salt Springs, FL 32134 • 352.685.3001

Become a Certified Ayurvedic Practitioner in 2015

The Amrit Yoga Institute is now offering a **Certified Ayurvedic Practitioner (CAP) Training**, based on international guidelines and benchmarks from around the world and is **approved by the Association of Ayurvedic Professionals of North America (AAPNA)**. This is a unique opportunity to study with Dr. Shekhar Annambhotla, founder of Ojas, LLC and AAPNA, Inc. and Dr. Vijay Jain, MD, Medical Director and Integrative Medicine Specialist at Amrit Ayurveda for Total Wellbeing.

A Certified Ayurvedic Practitioner (CAP) is a professional with additional training in pathology and disease management beyond that of the Certified Ayurvedic Lifestyle Consultant (CALC), qualified to practice preventive health care and health promotion using nutrition, lifestyle and herbal dietary supplements. The training consists of 1000 hours (500 as Certified Ayurvedic Lifestyle Consultant and 500 as a Certified Ayurvedic Practitioner).

Benefits of becoming a Certified Ayurvedic Practitioner (CAP):

- ◆ Practice of health, promotion and preventive care;
- ◆ Nutritional counseling;
- ◆ Lifestyle recommendations;
- ◆ Disease management through nutrition, lifestyle and dietary supplements.

Prerequisites: *Ayurvedic Lifestyle Consultant Course or equivalent course (including fundamental concepts and foundation of Ayurveda). Physicians, Chiropractors, Oriental Medicine Physicians and Osteopaths practicing Integrative Medicine will be admitted to the course after reviewing their individual needs.*

F L O R I D A

<u>MODULES 7 & 8</u>
<i>January 12-19, 2015</i>
⇒ Pathology
⇒ Concept of Disease
⇒ Herbology
⇒ Chronic Diseases

<u>MODULES 9 & 10</u>
<i>June 17-24, 2015</i>
⇒ Clinical Assessment
⇒ Panchakarma
⇒ Rejuvenation
⇒ Business Management

I N D I A

<u>MODULES 11 & 12</u>
<i>November 6-21, 2015</i>
⇒ 10-12 Days Intensive Training
⇒ Clinical Hands-on Experience
⇒ Panchakarma Practicum
⇒ Herbal Medicine Preparation

APPLY TODAY!

Apply online: www.amrityoga.org - <https://www.formstack.com/forms/?1670137-IWolyfAY6Y>

Location Modules 7, 8, 9, & 10: Amrit Yoga Institute, 23855 NE County Rd 314, Salt Springs, FL 32134

Includes meals & accommodations, round trip transportation from Orlando Airport (MCO). Does not include additional cost of text books - approximately \$150.

Location Modules 11 & 12: South India (does not include airfare or visa)

Includes: meals and accommodations, local transportation and clinical training.

Tuition: \$1,600* for Modules 7 & 8; **\$1,600*** for Modules 9 & 10; and **\$2,250** for Modules 11 & 12 (excluding airfare).

*\$3,200 for Modules 7, 8, 9, and 10 **OR** save \$400 if paid in full prior to start of program (\$2,800); payable to the Amrit Yoga Institute. No discount for Modules 11 & 12 and must be paid by September 1, 2015 (payable to OJAS, LLC).

Deposit: A \$500 refundable deposit is required.

Registration Deadline: January 2, 2015

Questions/Information: Contact Michele Jain at michelejain@amrityoga.org or 270.566.1745.

Facilitating Doctors and Staff Include:



Dr. Shekhar Annambhotla, BAMS, MD (Ayurved), LMT, ERYT-500, RAS

Dr. Vaidya Shekhar Annambhotla has been practicing and teaching Ayurveda worldwide since 1988. Dr. Shekhar is the Founding Director of Ojas, LLC, Ayurveda Wellness Center, in Pennsylvania, USA. He is the Founding Director and President of the Association of Ayurvedic Professionals of North America (AAPNA).



Dr. Vijay Jain, MD, RAC

Dr. Vijay Jain brings more than 38 years of experience in General Surgery and 17 years of focused study of Integrative medicine. He lectures on Ayurveda Principles and Practices, and how to create Optimal Health. His main interest is in the science of graceful aging as it relates to holistic medical practices. Dr. Jain is presently Medical Director of the Amrit Ayurveda for Total Well-being Center in Salt Springs, FL, where he conducts Panchakarma programs.



Kamini Desai, PhD Director of Education, Amrit Yoga Institute

Kamini develops the core program curriculum for the Amrit Yoga Institute and teaches around the world. Trained at the Kripalu Center for Yoga and Health, with degrees from Smith College and La Salle University, Kamini is certified in contact partner yoga, yoga therapy, yoga nidra, massage therapy, Danskinetics, and holistic health education.



Michele Jain, RYT, PYT, CHC Administration

Michele has her degree in Business Administration. In addition to her business expertise, Michele has several Yoga Teacher Training Certifications, Professional Yoga Therapy Certification, Amrit Method of Yoga Nidra Facilitator Certification and is also a Certified Health Coach. Michele has been teaching yoga since 2001 and currently manages the Ayurveda Programs offered at the Amrit Yoga Institute.

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